



SSSS BDSM SIG  
February 10, 2022

# TASHRA

The Alternative Sexualities Health Research Alliance is a community-based research organization, a 501c3 nonprofit.

The mission of TASHRA is to improve the physical and mental health of people who engage in non-traditional sexual practices including BDSM (bondage/discipline, domination/submission, sadism/masochism), kink and sexual fetishism.

We propose to accomplish this by:

- conducting research to define their unique bio-psycho-social healthcare needs
- documenting their use of the healthcare system.
- training medical and mental healthcare providers to deliver culturally competent, non-judgmental, and knowledgeable care,
- empowering community members to act as effective partners in their own healthcare,
- advocating for equitable treatment within the healthcare system, and
- promoting relevant health and social policies.

# History of Research at TASHRA

- Founded in 2012
- **2013**: The Kink Health Project: qualitative interview study of San Francisco Bay Area kinksters
- **2016**: The Kink Health Survey: mixed methods survey study of U.S. kink-identified people
- **2021**: The International Kink Health Study: longitudinal mixed methods study of kink-involved people

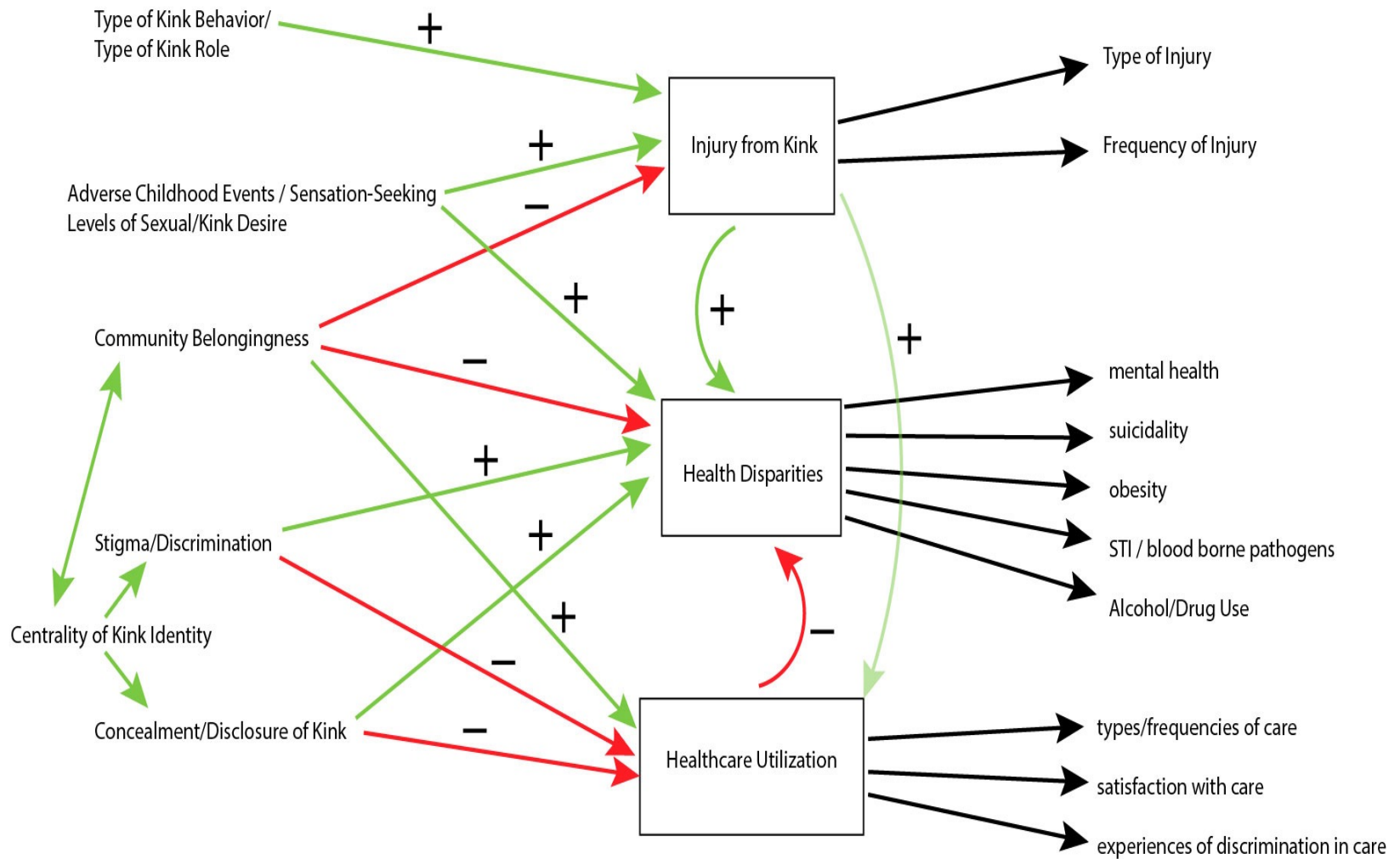
# IKHS objectives

- to document the prevalence of injuries and medical complications arising from kink activities
- to document how healthcare is utilized by kink-involved people
- to document the health outcomes particular to a large sample of kink-involved people
- to test whether the *centrality of kink identity* and degree of *community belongingness* affect injuries, health outcomes, and healthcare utilization

# Parameters

- Power analysis indicates minimal enrollment of  $n=3,164$ ; enrollment goal of  $n \geq 4,000$ ; screening target  $n=4,360$ .
- When total  $n < 900$ , the study will stop and all participants informed of the end of the study

# Model for Kink Health Survey 2021



# More information:

- Richard Sprott, [Richard@tashra.org](mailto:Richard@tashra.org)
- Anna Randall, [anna@tashra.org](mailto:anna@tashra.org)
- [www.Kinkhealth.org](http://www.Kinkhealth.org)
- Social media: Twitter, Instagram - @Kinkhealth