

## Sick Fuck: Navigating Kink and Chronic Illness

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### Further Reading:

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Finding Kink-Aware Medical Care:

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Health Care Without Shame: <https://archive.org/details/HealthCareWithoutShame>

Kink Aware Professionals Directory: <https://www.kapprofessionals.org>

Spoon Theory:

<https://cdn.totalcomputersusa.com/butyoudontlooksick.com/uploads/2010/02/BYDLS-TheSpoonTheory.pdf>

The Alternative Sexualities Health Research Alliance: [tashra.org](http://tashra.org)

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<http://bit.ly/sickfuck>

<https://docs.google.com/document/d/1-gcbx-IsZjOVIAGT8HgVaDmclCcSJWzQ/edit>

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